

# SHIMPLING SUPPORT - LEAFLET 2 – 20<sup>TH</sup> MARCH 2020

## FRUIT AND VEG BOXES

John and Layla Reynolds from Halifax Place have managed to get a good supply of fruit and vegetables to make up boxes and deliver for those of you who are self-isolating and may be struggling to get supplies.

They are not looking to make money from this, just a small donation if possible.

If you would like a fruit/veg box, please contact John or Layla on the contact numbers below.

They will take all precautions to avoid close contact with you and will let you know once your delivery is on your doorstep.

**Layla Reynolds 07506666362**

**John Reynolds 07731451209 or 01284 828621**

## CHURCH

Public church services have been suspended but the church is still open and you are welcome. Our Rector, Matthew Lawson, will be live streaming a service at 10.30am on a Sunday on [longmelfordchurch.com](http://longmelfordchurch.com) If you need any IT help setting this up, please tell us as we have someone in the village who has offered help.

The Church of England is calling for a national day of prayer this Sunday. If you would like to join this, please light a candle in the window of your home (away from your curtains) at 7pm on Sunday 22<sup>nd</sup> March.

The APCM on Monday 23<sup>rd</sup> March and Spring Market on Saturday 28<sup>th</sup> March have been cancelled.

## Local supermarkets who are now offering a delivery service

Budgens, Long Melford - 01787 377766

The Long Melford Co-op will take orders over the phone and pack ready for collection – 01787 379821

Willow Tree Farm Shop, Glemsford for those who are regular customers – 01787 379821

Byhams Dairy – 01787 372526

At the time of printing, Dawn and her team at the Bush are offering a take away service for food and drink. Call 828257 to order.

## Shimpling WhatsApp Support Group

This has now been set up. If you feel that you can offer any help to those who are in self-isolation, email [lb.shimpling@gmail.com](mailto:lb.shimpling@gmail.com)

**Don't forget, if you are in need of any help, advice or just a chat please don't hesitate to call or text**

**Liz Brunwin - 828122, 07429 or 369202 ,**

**Katie Haselhurst 827370 or 07772 204493,**

**Mike Atkins 07814 576401**

**Nathalie Brown 07961 947497**

**PLEASE LOOK OUT FOR YOUR NEIGHBOURS, ESPECIALLY  
THOSE WHO MAY BE VULNERABLE.**

***Please continue to wash your hands regularly.***

