

SHIMPLING SUPPORT - LEAFLET 3 – 25TH MARCH 2020

Through this difficult period of self-isolation, the Parish Council has taken the decision to continue leafleting the village as it is so important to those who do not have access to computers. Can I please take this opportunity to say a big thank you to Sarah Smith for producing the leaflets and to Jayne Schofield and her team for delivering them.

Thanks also to the many volunteers who have come forward to form the Shimpling WhatsApp Support Group. We are now beginning to receive requests for help from villagers. Please contact the Parish Councillors below if you are in need of medication or food and cannot leave your home. Keep in contact with your neighbours by phone/email and keep an eye out for each other.

Unfortunately due to the recent government restrictions, the following are now closed:-

The Bush, children's playground, St George's Church, the Village Hall

Long Melford Surgery has issued the following guidance:-

All requests for repeat prescriptions will **only** be actioned electronically by email. The surgery will **not** accept paper prescriptions. If you do not have access to email, please ask a family member to email on your behalf or call us to help you.

They ask that, if possible, you should email them beforehand if someone else is collecting your prescription giving your permission (Longmelford.dispensary@nhs.net)

Please strictly observe the 2 metre distance rule when collecting prescriptions.

Prescriptions can now only be collected between **2 and 4pm**. This restricted time slot is for your own safety.

Please remember that NHS staff need our support and protection during this difficult time. Please be patient and only call them if absolutely necessary.

Don't forget, if you are in need of any help, advice or just a chat please don't hesitate to call or text

Liz Brunwin - 828122, 07429 or 369202 ,

Katie Haselhurst 827370 or 07772 204493,

Mike Atkins 07814 576401

Nathalie Brown 07961 947497

Please be wary of any emails or WhatsApp messages regarding coronavirus or government funding asking you to update or click on a link as these are scam emails.

The sun is still shining and we need to remember that most people who contract the virus will recover. However, it is important that we adhere to the current government guidelines to stop this virus spreading and infecting the vulnerable.

PLEASE DO YOUR BIT!

If you would like to be added to the Village Round Robin email list so that you received more regular communication about the village, please email lb.shimpling@gmail.com

